

Saturation Prayer

Date:

Christ Above Me: I'm Receiving

Every good and perfect give comes from above...James 1

TODAY I'm grateful for:

Christ Beneath Me: I am Rooted

I pray that you would be rooted and grounded in love... Ephesians 3

In Christ I am:

THANK YOU!

Christ Within Me: I'm called

*...Christ in You, the hope of glory
Colossians 1:27*

Thanks be to you that I'm called and given unique gifts to make your life visible and be a blessing in this world. Today I will express your life by:

Christ Around Me: I'm connected

*...but Christ is all, and in all
Colossians 3:11*

Thanks be to you that in Christ I'm connected with _____
May _____ know your peace this day.

spiritsoulbody.org

Use this template as a daily guide for the saturation prayer found in "Forest Faith: Finding hope and wholeness by learning to pray among the Trees"