

Dear Bethany Family,

God is a very present help in times of trouble (Psalm 46:1), and certainly during school closures, remote work, and concern about loved ones. As we seek new ways to worship together each week amidst COVID-19, **we will provide Sunday worship services online (LINK)**, and have cancelled all on-site worship gatherings for March 15. We invite you, your family, friends, and neighbors to worship with us online this Sunday at 9:30am, 11am, or 7pm.

Resources to support worship with families, and cope with COVID-19 issues can be found on our **website** and social media pages. In the coming days, you will see inspirational stories of resilience, reflections on Scripture, and guidance for anxious times. **Feel free to share any and all of these resources.**

During this unique season, we are hearing stories of Bethany folks worshipping together in homes, engaging on social media to meet tangible needs, and offering their time, talents, and resources to serve our community. This is a testament to God's work in and through Bethany, and our continued commitment to inviting people to God, community, and wholeness.

Pastor Megan Dobrasz offers **this three-minute video** "**Calm Amidst the Storm**" to encourage all of us amid these disrupted days—at home parents, displaced workers, job-hunters, or retirees.

LENT RESOURCES

Perhaps this year more than ever, we need the opportunity Lent offers: a time to draw near to and pursue Christ with new spiritual practices. Bethany has created resources to help you in this pursuit. Please visit churchbcc.org/lent. This may be a time when you need to hold onto the promises of God and deepen your practice of scripture meditation, here's some guidance: "Can Christians Meditate?" Video by Pastor Abby Odio.

To learn more about practices related to Rule of Life such as Sabbath, or how to read Scripture: visit and subscribe to **Bethany's YouTube Channel**. (There you will also find upwards of a hundred hours of content!)

PRAYER

Finally, we ask you to join in praying for healing for those who are exposed to, or who have the virus, for the stamina of health care professionals and other public servants. If you're feeling isolated, anxious, or looking for a way to care for others—please connect with us by emailing staff@churchbcc.org, and one of our team will reach out to you, or call 206-524-9000.

We're taking this week to week as each of our six local congregations is assessing their neighborhood challenges and opportunities. Together let's take a proactive approach and live into our values of community and outreach. Let us continue to believe God can and will use these incredible trials and difficulties to increase our faith and witness in the world.

In Christ, Bethany Community Church Leadership