

Schedule

Time	Event
8:30-9am	Check-in & Coffee
9-9:10am	Welcome
9:10-9:40am	Keynote Session 1 <i>Moses: A Life Surrounded with Anxiety</i> Megan Dobrasz
9:40-9:50am	Break
9:50-10:35am	Keynote Session 2 <i>The Moment I Admitted My Anxiety and the Moment That Followed</i> Andrew Salituri
10:35-10:45am	Break
10:45-11:30am	Keynote Session 3 <i>What Anxiety Eats for Breakfast</i> Sean Post
11:30am-12pm	Discussion Groups
12-12:45pm	Lunch
12:45-1:30pm	Keynote Session 4 <i>Where Have You Come From and Where are You Going?</i> <i>Why our stories matter in pursuing wholeness at work and elsewhere</i> Petra Malekzadeh
1:30-1:40pm	Break
1:40-2:30pm	Keynote Session 5 <i>Stopping Work, Entering Peace</i> Dr. Sara Koenig
2:30-2:45pm	Break
2:45-3:30pm	Breakout Sessions
3:30-4pm	Closing