

HOME COMMUNION RESOURCE – GOOD FRIDAY 2020

(adapted from Grace Fellowship and other resources)

In the midst of this unique Holy Week experience, we will be gathering virtually for our Good Friday service – and we will still believe that Jesus wants us to experience his presence in a powerful way. Also, we want our worship to be about “thanksgiving” (which is another word for communion, Eucharist) and be grateful for the way that Jesus showed his sacrificial love for us. And so we remember...

As we take communion together, we will be “do it in remembrance” of Jesus. This resource is meant to help you as a family prepare for communion together.

Who can participate in communion?

All those (of any age) who are seeking God and believe that Jesus gave us communion to remember his death and signify his new life given to us who follow him.

What will you need?

- Grape juice
- Cups
- Bread or crackers
- A plate or bowl

Prepare

1. Break bread or crackers into small pieces and put them on a plate or in a bowl. Or, you can pass around a loaf of unsliced bread and each person can pull off a small piece.
2. Pour small amounts of grape juice into cups
3. Make sure there are enough pieces of bread and enough cups with grape juice for everyone participating.

Share: Look back, look within, look forward

Communion is a time for followers of Jesus to reflect, remember and celebrate all that Jesus has done for us.

1. It's a time for us to look back – at how Jesus died for us on the cross. How his blood was spilled for the forgiveness of our sins and how his body was beaten and pierced so that we can have new life
2. It's also a time for us to look within – to reflect on what He is doing in our lives on a daily basis and how he is continually filling our lives with His love, His grace and His mercy. It's also a time for me to consider if I'm living in a way that reflects my love for Him
3. Finally, it's a time to look forward – we look forward to the day when he returns

Distribute:

1. Pass the bread and the juice, or serve it, to everyone participating in communion.
2. As that is happening, ask everyone to take a couple minutes...
 - To look back, look within and look forward
 - To reflect on how, because of Jesus' sacrifice, we've been freed from the penalty of sin and from the power of sin and how, one day when He returns, we'll be freed from the presence of sin
 - To thank Him for His sacrifice and His love, His grace and His mercy

Communion Reading and Prayer:

Read 1 CORINTHIANS 11:23–26

For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

Communion Prayer:

Heavenly Father, you are the one and only true God. We praise you because you are awesome and holy and you are love. We thank you for the privilege of knowing you and being called your children. We thank you for the opportunity to reflect on your relationship with us because of the amazing sacrifice of Jesus. We are so thankful that His blood and His body paid the penalty for our sins, because of that, we are able to walk in new life, free from the penalty and power of sin. God, we look forward to the day when Jesus returns for us and we are finally freed from the presence of sin. We thank you that your grace and mercy always outdo our sin and we can walk in confidence and peace with you. We love you. In the name of Jesus we pray, Amen.