

GREEN LAKE K-5TH

BIG AND SMALL WEEK 2

BIG IDEA

God listens when we have big feelings.

BIBLE

Job 23:1-7
(Hebrews 4:15-16)

SUPPLIES NEEDED

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At Home Faith: 2 paper cups, 20 feet of yarn, sharpened pencil, 2 paper clips, memory verse [video](#) & [printable](#)

Bible Story: Bible

Here is this week's [coloring page](#)

VIDEO LINKS

MUSIC | Worship



- ["Never Lost"](#) (Allstars Kids Club)
- ["Yes, I Will"](#) (Kids Version)
- ["You Are Good"](#) (Bethel Music Kids)

VIDEO | Big & Small, episode 2

Here is this week's Bible [story video!](#)

AT HOME FAITH**ACTIVITY | Can You Hear Me Now?**

- **Supplies Needed:** 2 paper cups, 20 feet of yarn, sharpened pencil, 2 paper clips
- **Instructions:** To make your own cup phones, use the tip of a pencil to poke a small hole at the bottom of each of your two cups. Next, thread the string through the hole of one cup. We just tied a knot in the yarn on the inside of the cup to keep it in place. If the string keeps slipping through the hole you can tie it to a paper clip to help keep it in place. Pull the string through the bottom of your second cup, securing it with a knot on the inside, too. To use your cup phones the string must be kept taut. When one person whispers in their cup, the other should be able to hear their voice through their own cup.
- **Talk about it:** God listens when we have big feelings.

DISCUSSION

- **According to Hebrews 4:16, what can we expect when we come to God with our feelings?**
- **What were some of Job's big feelings?**

- If you were Job, what are some things you might have wanted to say out loud?
- Read Hebrews 4:14-15. Why do you think it is important that Jesus was tempted in every way, but did not do anything wrong?
- What should we do when we have big feelings?
- How should we approach God when we have big feelings?
- How do you know God cares about how we feel?

MEMORY VERSE | Job 37:5 (NIV)



- **INSTRUCTIONS:** Practice this month's memory verse with the signs (a combination of SEE and ASL) available as a [video](#) or a [printable](#)
- "God's voice thunders in marvelous ways; he does great things beyond our understanding."

BIBLE STORY

BIBLE STORY | Job Cries Out to God



- **INSTRUCTIONS:** Have the kids open their Bibles to today's passage, Job 23:1-7, and read each verse as prompted below.
 - **PRETEEN HACK:** Since we are talking about feelings today, have preteens form small groups and, as they listen to the Bible story, see if they can retell the story using emojis from a tablet or a leader's phone.
- **Has anyone ever been so upset that all you could do was cry? What are some of the emotions you were feeling?**
- I think some of those emotions may have been what Job was feeling in the verses we are going to read today.
- At this point in our story, Job has been through a lot of tough stuff, and he felt he needed to release all of his emotions against God.
- **Do you remember some of the tough things Job has been through?**
- Let's see what Job said.

Let's see what our ears.

- [Read Job 23:1-2.]
 - Job said his complaint was bitter. **What do you think that means?**
 - Bitter can also mean feelings of anger or hurt. I think if I went through the same things Job did, I would feel the same way. **Would you?**
- [Read Job 23:3-5.]
 - Job is so upset, he wants to know where to go to find God.
- [Read Job 23:6-7.]
 - **Did God treat Job's feelings as if they weren't important or did God listen to Job's feelings?**
 - That's right! God listened to how Job was feeling, even though Job was sad and angry.
 - Whatever we are feeling, whether it's happy, sad, or angry, God will always listen to us.
- **Do you feel like you can talk to God about anything?** I know sometimes it may feel weird, especially if we are shy or quiet. Or it may even feel like God is not listening to us at all and won't help us.
- **How can we practice talking to God about all of our feelings?** We just start! Even if we feel silly, or shy, or quiet. No matter what we may feel, God is there listening to us and wants us to talk about anything.

PRAYER



- Dear God, thank you for taking time to listen to our feelings no matter what they are. We know that you understand how we are feeling and that we can count on you to listen to us, care for us, and help us when we talk to you. Amen.